

THE HARI x **NURISS**
By Dr AJ Sturnham

Jet Lag Recovery Treatment

Recuperate & Recover instantly, from the comfort of your own room, exclusively with the Hari Hotel.



Beat jet lag and restore your energy with our Jet Lag Recovery IV Therapy.

This revitalising treatment is designed to rehydrate, boost energy, and restore balance to your body after long-haul travel. Packed with essential fluids, vitamins, and nutrients, it helps alleviate fatigue, improve mental clarity, and get you back to feeling your best—fast! Perfect for frequent flyers or anyone needing to recover quickly from travel exhaustion.

CONTENTS

Vitamin B 12, Selenium, Vitamin C, Amino acids, 500 ml of Hartman's Saline

COST: £500

Treatment includes:

- Your personal Nuriss clinician will administer the treatment in the comfort of your hotel room. *Nuriss is solely a Doctor and Nurse team with the highest expertise and experience.*
- 1 hour exclusive Jet Lag IV Therapy session
- Support and aftercare where needed

RECOMMENDED ADD ONS

Decree Signature facials or bespoke IVs

Nuriss offers a whole range of IVs, please ask concierge for details and to book your IV therapy treatment.